



Greenbush Health & Wellness Consortium

State and Federal laws require schools to establish a local school wellness policy that involves parents, students, and representatives of the school food authority, the school board, school administration and the public by no later than the beginning of the 2006-2007 school year.

The Greenbush Health & Wellness Consortium will assist school districts in meeting government mandates by:

- Utilizing existing committees, councils, community members and staff to develop a local School Health Council
- Reviewing the KSDE wellness policy guideline recommendations
- Assisting districts in assessing the existing district resources
- Providing technical assistance in completing the online KSDE wellness tool
- Facilitating prioritization of district wellness goals
- Facilitating creation of local wellness policy
- Assisting with monitoring and implementation of the wellness policies.

Districts joining the Greenbush Health and Wellness Consortium also receive:

- K-12 Healthy Living Curriculum on CD
- Access to the Healthy Living Curriculum portion of the Greenbush Professional Library which includes videos, CDs and books
- Workshops and professional development on topics related to health and wellness at a reduced rate
- One scholarship in each Greenbush Health and Wellness workshop at no cost to your district
- A Health and Wellness Needs Assessment with a follow up report and recommendations
- Access to the Health & Wellness physical education traveling trunks

Cost: \$750 plus mileage cost for on-site facilitation

If you are already a member of the Healthy Living Curriculum Consortium, join the Health & Wellness Consortium for only \$400!

“By changing the school environment to enhance nutrition and increase physical activity, the students’ health, academic achievement and attitude were quickly and dramatically improved.”
-Anthony School
Leavenworth, KS

- 98% reduction in office referrals for student behavior problems
- Math assessment scores increased by 54 points meeting the state Standard of Excellence
- Reading assessment scores increased by 10 points surpassing the state target

Upcoming Health & Wellness Workshops at Greenbush		Cost
November 7, 2005 8:30 - 4:00 Greenbush	Human Sexuality Education	Health & Wellness Members \$0 SIS Members \$60 Non-Members \$120
January 25, 2006 8:30 - 4:00 Greenbush	Health Education Conference	Health & Wellness Members \$0 SIS Members \$60 Non-Members \$120
March 8 & 9, 2006 8:30 - 4:00 Greenbush	Kansas Baseline Training	Health & Wellness Members \$0 SIS Members \$0 Non-Members \$0
Coming Soon...		
<ul style="list-style-type: none"> • The Game Plan - Performance Nutrition (Middle School & High School) • Kids A Cookin and Moving (Elementary) 		

Good nutrition during the school years is vitally important for helping children grow strong, succeed in school, and establish healthy habits for a lifetime.

Participation Form 2005-2006

Greenbush Health and Wellness Consortium
Cost: \$750 plus mileage cost for on-site facilitation

District Name/Number: _____
 Building Name: _____
 Contact Name: _____ Contact Email: _____
 Address: _____ City/State/Zip: _____
 Phone: _____ Fax: _____

Superintendent Signature

Date